

|      |       |        |                               |     |        |                 |
|------|-------|--------|-------------------------------|-----|--------|-----------------|
| Last | First | Middle | Birth Date<br>Month/Day/ Year | Sex | School | Grade Level/ ID |
|------|-------|--------|-------------------------------|-----|--------|-----------------|

**HEALTH HISTORY TO BE COMPLETED AND SIGNED BY PARENT/GUARDIAN AND VERIFIED BY HEALTH CARE PROVIDER**

| ALLERGIES<br>(Food, drug, insect, other)                  | Yes | No | List: | MEDICATION (Prescribed or taken on a regular basis.)  | Yes  | No | List:                                      |
|---|-----|----|-------|---|--|----|--|
| Diagnosis of asthma?                                      | Yes | No |       | Loss of function of one of paired organs? (eye/ear/kidney/testicle)   | Yes  | No |  |
| Child wakes during night coughing?                        | Yes | No |       | Hospitalizations? When? What for?   | Yes  | No |  |
| Birth defects?  | Yes | No |       | Surgery? (List all.) When? What for?  | Yes  | No |  |
| Developmental delay?                                      | Yes | No |       | Serious injury or illness?  | Yes  | No |  |
| Blood disorders? Hemophilia, Sickle Cell, Other? Explain. | Yes | No |       | TB skin test positive (past/present)?   | Yes*   | No | *If yes, refer to local health department. |
| Diabetes?   | Yes | No |       | TB disease (past or present)?   | Yes*   | No |  |
| Head injury/Concussion/Passed out?                        | Yes | No |       | Tobacco use (type, frequency)?  | Yes  | No |  |
| Seizures? What are they like?                             | Yes | No |       | Alcohol/Drug use?   | Yes  | No |  |
| Heart problem/Shortness of breath?                        | Yes | No |       | Family history of sudden death before age 50? (Cause?)  | Yes  | No |  |
| Heart murmur/High blood pressure?                         | Yes | No |       | Eye/Vision problems? _____ Glasses <input type="checkbox"/> Contacts <input type="checkbox"/> Last exam by eye doctor _____ | Dental <input type="checkbox"/> Braces <input type="checkbox"/> Bridge <input type="checkbox"/> Plate <input type="checkbox"/> Other |    |  |
| Dizziness or chest pain with exercise?                    | Yes | No |       | Other concerns? (crossed eye, drooping lids, squinting, difficulty reading).  |  |    |  |
| Ear/Hearing problems?                                     | Yes | No |       | Information may be shared with appropriate personnel for health and educational purposes.                                   |  |    |  |
| Bone/Joint problem/injury/scoliosis?                      | Yes | No |       | Parent/Guardian Signature   |  |    | Date                                       |

**PHYSICAL EXAMINATION REQUIREMENTS Entire section below to be completed by MD/DO/APN/PA**

|  |        |        |     |                |     |
|--|--------|--------|-----|----------------|-----|
| HEAD CIRCUMFERENCE if < 2-3 years old  | HEIGHT | WEIGHT | BMI | BMI PERCENTILE | B/P |
| <b>DIABETES SCREENING (NOT REQUIRED FOR DAY CARE) BMI &gt; 85% age/sex</b> Yes <input type="checkbox"/> No <input type="checkbox"/> And any two of the following: <b>Family History</b> Yes <input type="checkbox"/> No <input type="checkbox"/><br><b>Ethnic Minority</b> Yes <input type="checkbox"/> No <input type="checkbox"/> <b>Signs of Insulin Resistance</b> (hypertension, dyslipidemia, polycystic ovarian syndrome, acanthosis nigricans) Yes <input type="checkbox"/> No <input type="checkbox"/> <b>At Risk</b> Yes <input type="checkbox"/> No <input type="checkbox"/>  |        |        |     |                |     |
| <b>LEAD RISK QUESTIONNAIRE:</b> Required for children age 6 months through 6 years enrolled in licensed or public school operated day care, preschool, nursery school and/or kindergarten. (Blood test required if resides in Chicago or high risk zip code.)<br>Questionnaire Administered? Yes <input type="checkbox"/> No <input type="checkbox"/> <b>Blood Test Indicated?</b> Yes <input type="checkbox"/> No <input type="checkbox"/> <b>Blood Test Date</b> _____ <b>Result</b> _____   |        |        |     |                |     |
| <b>TB SKIN OR BLOOD TEST</b> Recommended only for children in high-risk groups including children immunosuppressed due to HIV infection or other conditions, frequent travel to or born in high prevalence countries or those exposed to adults in high-risk categories. See CDC guidelines. <a href="http://www.cdc.gov/tb/publications/factsheets/testing/TB_testing.htm">http://www.cdc.gov/tb/publications/factsheets/testing/TB_testing.htm</a> .<br>No test needed <input type="checkbox"/> Test performed <input type="checkbox"/> <b>Skin Test: Date Read</b> _____ <b>Result: Positive</b> <input type="checkbox"/> <b>Negative</b> <input type="checkbox"/> <b>mm</b> _____<br><b>Blood Test: Date Reported</b> _____ <b>Result: Positive</b> <input type="checkbox"/> <b>Negative</b> <input type="checkbox"/> <b>Value</b> _____ |        |        |     |                |     |

| LAB TESTS (Recommended)  | Date | Results | Date | Results                      |
|--------------------------|------|---------|------|------------------------------|
| Hemoglobin or Hematocrit |      |         |      | Sickle Cell (when indicated) |
| Urinalysis               |      |         |      | Developmental Screening Tool |

| SYSTEM REVIEW  | Normal | Comments/Follow-up/Needs                     | Normal             | Comments/Follow-up/Needs |
|--|--------|--|--------------------|--------------------------|
| Skin   |        |  | Endocrine          |                          |
| Ears   |        | Screening Result:                            | Gastrointestinal   |                          |
| Eyes   |        | Screening Result:                            | Genito-Urinary     | LMP                      |
| Nose   |        |  | Neurological       |                          |
| Throat   |        |  | Musculoskeletal    |                          |
| Mouth/Dental   |        |  | Spinal Exam        |                          |
| Cardiovascular/HTN   |        |  | Nutritional status |                          |
| Respiratory  |        | <input type="checkbox"/> Diagnosis of Asthma | Mental Health      |                          |
| Currently Prescribed Asthma Medication:<br><input type="checkbox"/> Quick-relief medication (e.g. Short Acting Beta Agonist)<br><input type="checkbox"/> Controller medication (e.g. inhaled corticosteroid) |        |  | Other              |                          |

|   |                            |
|---|----------------------------|
| NEEDS/MODIFICATIONS required in the school setting  | DIETARY Needs/Restrictions |
| SPECIAL INSTRUCTIONS/DEVICES e.g. safety glasses, glass eye, chest protector for arrhythmia, pacemaker, prosthetic device, dental bridge, false teeth, athletic support/cup |                            |

**MENTAL HEALTH/OTHER** Is there anything else the school should know about this student?  
 If you would like to discuss this student's health with school or school health personnel, check title:  Nurse  Teacher  Counselor  Principal

**EMERGENCY ACTION** needed while at school due to child's health condition (e.g., seizures, asthma, insect sting, food, peanut allergy, bleeding problem, diabetes, heart problem)?  
 Yes  No  If yes, please describe.

On the basis of the examination on this day, I approve this child's participation in \_\_\_\_\_ (If No or Modified please attach explanation.)  
**PHYSICAL EDUCATION** Yes  No  Modified  **INTERSCHOLASTIC SPORTS** Yes  No  Modified

|            |                            |       |
|------------|----------------------------|-------|
| Print Name | (MD,DO, APN, PA) Signature | Date  |
| Address    |                            | Phone |

|          |        |         |  |      |         |                      |
|----------|--------|---------|--|------|---------|----------------------|
| Apellido | Nombre | Inicial | Fecha de Nacimiento<br>Mes / Día / Año | Sexo | Escuela | Grado/Núm. de Ident. |
|----------|--------|---------|--|------|---------|----------------------|

**HISTORIAL MÉDICO - PARA SER COMPLETADO Y FIRMADO POR PADRES / TUTOR Y VERIFICADO POR EL PROVEEDOR DE CUIDADO DE SALUD**

|  |    |    |  |     |    |
|--|----|----|--|-----|----|
| <b>ALERGIAS</b> (Alimentos, drogas, insectos, otro)                                |    |    | <b>MEDICINAS</b> (Anote todas las recetadas o tomadas con regularidad)   |     |    |
| ¿Tiene diagnóstico de asma?  | Si | No | ¿Tiene pérdida de Funciones en uno de los órganos? (Ojos/Oídos/Riñones/Testículos)                                   | Si  | No |
| ¿Despierta el niño tosiendo en la noche?   | Si | No | ¿Ha sido hospitalizado?  | Si  | No |
| ¿Tiene defectos de nacimiento?   | Si | No | ¿Cuándo? ¿Por Qué?   |     |    |
| ¿Tiene retrasos del desarrollo?  | Si | No | ¿Ha atendido cirugía? (anótelas todas)   | Si  | No |
| ¿Tiene problemas de la sangre? Hemofilia, Glóbulos Falciformes (Sickle Cell), Otro | Si | No | ¿Cuándo? ¿Para Qué?  |     |    |
| ¿Tiene diabetes?   | Si | No | ¿Ha tendido heridas graves o enfermedades?   | Si  | No |
| ¿Tiene heridas en la cabeza / golpe / desmayo?                                     | Si | No | ¿Prueba positiva de TB (Pasado o Presente)?  | Si* | No |
| ¿Tiene convulsiones? ¿Cómo se manifiestan?   | Si | No | ¿Enfermedad de TB (Pasado o Presente)?   | Si* | No |
| ¿Tiene problemas cardiacos / No respira bien?                                      | Si | No | ¿Usa tabaco (tipo, Frecuencia)?  | Si  | No |
| ¿Tiene soplo en corazón / presión arterial alta?                                   | Si | No | ¿Toma alcohol / drogas?  | Si  | No |
| ¿Tiene mareos o dolor de pecho al hacer ejercicios?                                | Si | No | ¿Historial de familiares de muerte repentina antes de los 50 años? (¿Causa?)   | Si  | No |
| ¿Problemas con los Ojos? Lentes ... Lentes de Contacto ... Último Examen _____     |    |    | Dental ... Ganchos ... Punte ... Placas Otro   |     |    |
| ¿Otras Preocupaciones? (bizzo, párpados caídos, parpadear, dificultad cuando lee)  |    |    |  |     |    |
| ¿Tiene problemas de oídos / No oye bien?   | Si | No | La información en este formulario se puede compartir con el personal apropiado para propósitos de salud y educación. |     |    |
| ¿Tiene problemas de los huesos / articulaciones / heridas / escoliosis?            | Si | No | <b>Firma del Padre/Tutor</b> <span style="float:right"><b>Fecha</b></span>   |     |    |

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**HEAD CIRCUMFERENCE** if < 2-3 years old      **HEIGHT**      **WEIGHT**      **BMI**      **B/P**

**DIABETES SCREENING** (NOT REQUIRED FOR DAY CARE) BMI>85% age/sex Yes... No... And any two of the following: **Family History** Yes... No...  
**Ethnic Minority** Yes... No... **Signs of Insulin Resistance** (hypertension, dyslipidemia, polycystic ovarian syndrome, acanthosis nigricans) Yes... No... **At Risk** Yes... No

**LEAD RISK QUESTIONNAIRE** Required for children age 6 months through 6 years enrolled in licensed or public school operated day care, preschool, nursery school and/or kindergarten.  
**Questionnaire Administered?** Yes... No... **Blood Test Indicated?** Yes... No... **Blood Test Date** (Blood test required if resides in Chicago.)

**TB SKIN OR BLOOD TEST** Recommended only for children in high-risk groups including children immunosuppressed due to HIV infection or other conditions, frequent travel to or born in high prevalence countries or those exposed to adults in high-risk categories. See CDC guidelines. **No test needed** ... **Test performed** ...  
**Skin Test:** Date Read / /      **Result:** Positive ... Negative ...      **mm** \_\_\_\_\_  
**Blood Test:** Date Reported / /      **Result:** Positive ... Negative ...      **Value** \_\_\_\_\_

| LAB TESTS (Recommended)  | Date | Results | Date | Results                      |
|--------------------------|------|---------|------|------------------------------|
| Hemoglobin or Hematocrit |      |         |      | Sickle Cell (when indicated) |
| Urinalysis               |      |         |      | Developmental Screening Tool |

| SYSTEM REVIEW   | Normal | Comments/Follow-up/Needs | Normal             | Comments/Follow-up/Needs |
|---|--------|--------------------------|--------------------|--------------------------|
| Skin  |        |                          | Endocrine          |                          |
| Ears  |        |                          | Gastrointestinal   |                          |
| Eyes  |        | Amblyopia Yes... No...   | Genito-Urinary     | LMP                      |
| Nose  |        |                          | Neurological       |                          |
| Throat  |        |                          | Musculoskeletal    |                          |
| Mouth/Dental  |        |                          | Spinal Exam        |                          |
| Cardiovascular/HTN  |        |                          | Nutritional status |                          |
| Respiratory   |        | ... Diagnosis of Asthma  | Mental Health      |                          |
| Currently Prescribed Asthma Medication:<br>... Quick-relief medication (e.g. Short Acting Beta Antagonist)<br>... Controller medication (e.g. inhaled corticosteroid) |        |                          | Other              |                          |

**NEEDS/MODIFICATIONS** required in the school setting      **DIETARY** Needs/Restrictions

**SPECIAL INSTRUCTIONS/DEVICES** e.g. safety glasses, glass eye, chest protector for arrhythmia, pacemaker, prosthetic device, dental bridge, false teeth, athletic support/cup

**MENTAL HEALTH/OTHER** Is there anything else the school should know about this student?  
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**EMERGENCY ACTION** needed while at school due to child's health condition (e.g. seizures, asthma, insect sting, food, peanut allergy, bleeding problem, diabetes, heart problem)?  
Yes ... No ... If yes, please describe.

On the basis of the examination on this day, I approve this child's participation in \_\_\_\_\_ (If No or Modified please attach explanation.)  
**PHYSICAL EDUCATION** Yes ... No ... Modified ...      **INTERSCHOLASTIC SPORTS** (for one year) Yes ... No ... Limited ...

**Print Name** \_\_\_\_\_ (MD,DO, APN, PA)      **Signature** \_\_\_\_\_      **Date** \_\_\_\_\_  
**Address** \_\_\_\_\_      **Phone** \_\_\_\_\_

(Complete Both Sides)